



The power of vulnerability

You can't numb those hard feelings without numbing the other affects

01

My one year turned into six years: Thousands of stories, hundreds of long interviews, focus groups.

02

The other thing that they had in common was this: They fully embraced vulnerability.

03

A spiritual awakening sounds better than breakdown, but I assure you, it was a breakdown.

04

**You can't numb those
hard feelings without
numbing the other
affects, our emotions.**

05

**Religion has gone from
a belief in faith and
mystery to certainty.**

06

**Which just, I hope in
100 years, people will
look back and go,
"Wow."**



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